

Sample breakfast menu (1 from each)

Toast

Cereal

Fruit

Yoghurt

Water

Milk

Smoothie

Sample lunch menu (1 main, 2 sides, 1 dessert)

REGULAR MAINS

Jacket potato with cheese or beans

Tray bake (options below*)

Sandwiches:

Cheese

Ham

Chicken and sweetcorn

Egg mayo

Tuna and sweetcorn

Coronation chicken

SIDES

Carrot sticks

Cucumber sticks

Sweetcorn

Tomato wedges

Bread roll

Hummus

DESSERTS (2 choices offered daily)

Fruit jelly

Fruit loaf

Blueberry muffins

Pancake bites

Fruit flapjack

Fruit

Yoghurt

***Each day an additional main meal option will be offered. Some of the options are:**

Mac and cheese (garlic bread, peas, broccoli)

Meatballs in tomato sauce (broccoli, rice)

Chicken and mushroom pie (carrots, mashed potatoes)

Spaghetti bolognese (veg inside: mushrooms, carrots, kidney beans)

Cottage pie (veg inside: peas, carrots, green beans)

Chicken and vegetable casserole (veg inside: carrots, rice)

Chicken, broccoli and rice bake (carrots)